

# Barrington Recreation Department

105 Ramsdell Ln. Barrington, NH 03825

603-664-5224



## Adult Slowpitch Softball Rules

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1. Players must be registered with the Barrington Rec Department prior to playing.
2. Players must keep dugouts free of trash.
3. No alcohol on site
4. Teams will flip a coin prior to the game. Winner of the coin flip can choose to be either home or away team.
5. Games will go 7 innings or 60 minutes (whichever is reached first).
  - a. Teams may mutually decide to extend if there is nobody playing after them, but only by a max of 30 minutes.
6. All players will hit in the batting lineup. Teams will decide a batting order prior to the start of the game and maintain batting in that order throughout the game. Fielding positions may be swapped at any time.
7. All players in the field must be in the batting lineup.
8. Maximum of 10 players & minimum of 8 players on the field.
9. Courtesy runners may be allowed in the event of an injured player. All courtesy runners will be the last player to get out. Courtesy runners will be same gender.
10. No leading when baserunning.
11. No stealing
  - a. This includes no running on overthrows back to the pitcher.
12. Sliding is permitted; however, it is up to the umpire's discretion to decide when a slide is a dangerous play which results in the baserunner being called out.
13. Batters may not bunt, chop or half swing at the ball.
14. Only ASA/USA approved softball bats may be used.
  - a. Men use wood bats while women can use metal.
15. Batters start with a 2-1 count for every at-bat.
16. Batters can get walked; however, if it becomes clear to the umpire that a team is abusing walks the umpire reserves the right to call the batter out.
17. Infield Fly Rule is in effect.
18. Sneakers or rubber cleats are permitted for use; **no metal cleats or open toed shoes** allowed.
19. Umpires reserve the right to eject/disqualify any player for inappropriate behavior at any time. Players will miss the game following an ejection as well.
  - a. Players will not receive refunds or partial credit for their payment if they are ejected from a game.
20. Defensive players may not block any bases.
21. No shifting allowed.
  - a. Shortstop and 2<sup>nd</sup> Base need to stay on their side of the base.
22. No moving infielders to the outfield, or outfielders to the infield.
23. Pitchers and catchers are not required to wear masks.
24. Pitchers will throw the ball in an underhand motion, with the highest point of the arc being no more than 12 feet and no less than 6 feet in height.
25. 4 home runs per team; each home run after 4 results in an out.