

# Adult 2013-2014 Fitness Schedule

Barrington Recreation Department

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday |
|--|---|---|--|--------|
| <b>6:30-7:30 pm</b><br>Yoga with Sheila<br>BMS Music Room<br>\$35 per session<br><br><b>6:00-7:00 pm</b><br>Belly/Hoop<br>Dance with Jeni<br>Town Gym<br>\$70 per session  | <b>9:15-10:15 am</b><br>Yoga with Sheila<br>Town Gym<br>\$35 per session<br><br><b>5:30-6:30 pm</b><br>Yoga II with Sheila<br>BMS Music Room<br>\$35 per session<br><br><b>6:30-7:30 pm</b><br>Pilates with Sheila<br>BMS Music Room<br>\$35 per session<br><br>6:30-7:30 pm<br>Zumba with Carole<br>Town Gym<br>\$70 per session | <b>9:15-10:15 am</b><br>Pilates with Sheila<br>Town Gym<br>\$17.50 per session<br><br><b>6:30-7:30 pm</b><br>Yoga with Sheila<br>BMS Music Room<br>\$35 per session | <b>9:15-10:15 am</b><br>Yoga with Sheila<br>Town Gym<br>\$35 per session<br><br><b>5:30-6:30 pm</b><br>Yoga II with Sheila<br>BMS Music Room<br>\$35 per session<br><br><b>6:30-7:30 pm</b><br>Pilates with Sheila<br>BMS Music Room<br>\$35 per session<br><br><b>6:30-7:30 pm</b><br>Zumba with Carole<br>Town Gym<br>\$70 per session |        |
|  <p>Please keep in mind that class &amp; times could change. Before dropping into a class, please call the Barrington Recreation Office to confirm date &amp; time of class at 664-5224. The Barrington Recreation Department reserves the right to change date &amp; time of all classes.</p> |   |   |  |        |

**Notes:**

Please Pre-Register is appreciated

Please make checks out to:  
Barrington Recreation Dept.

**All Sessions are 7 weeks**  
 Fall Session I: September 9-October 25  
 Fall Session II: October 28-December 20  
 Winter Session I: January 6-February 21  
 Winter Session II: March 3-April 18  
 Spring Session I: April 28-June 13

**The Recreation Department & its programs will be closed on the following days:**  
 October 14: Columbus Day  
 November 11: Veterans Day  
 November 25-29: Thanksgiving Break  
 December 23-January 1: Holiday Breaks  
 January 20: Martin Luther King Day  
 February 24-February 28: Winter Break  
 April 21-25: Spring break  
 May 26: Memorial Day

# Youth 2013-2014 Program Schedule

Barrington Recreation Department

| Monday  | Tuesday  | Wednesday  | Thursday | Friday   |
|---|--|--|----------|--|
| <b>10:30-11:15 am</b><br>Mad Science<br>Mondays<br>First Monday of<br>Month Beginning<br>9/9/13<br>Ages 3-5 Years   | <b>10:45-12:00 pm</b><br>Rumpus Room<br>Beginning 10/23<br>Under 5 Years Old<br>Town Gym<br>\$3 per Res. Family<br>\$5 per Non Res.<br>Family<br><br><b>3:30-4:30 pm</b><br>ZumbAtomic with<br>Carole<br>5-9 Years Old<br>Town Gym<br>\$35 per session | <b>10:30-11:15 am</b><br>Pre K Kids Yoga<br>with Tricia<br>3-5 Years Old<br>Town Gym<br>\$25 per session |          | <b>10:45-12:00 pm</b><br>Rumpus Room<br>Starting 10/23<br>Under 5 Years Old<br>Town Gym<br>\$3 per Res. Family<br>\$5 per Non Res.<br>Family |
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