

2011-2012 Fitness Schedule

Fall Session II

Barrington Recreation Department

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:15-10:15 am Senior Yoga with Emily Town Gym \$12 for intro session (Starts 11/28)</p> <p>6:30-7:30 pm Yoga with Sheila BMS Music Room \$35 per session</p>	<p>9:15-10:15 am Yoga with Sheila Town Gym \$35 per session</p> <p>6:00-7:00 pm Advanced Yoga with Sheila BMS Music Room \$35 per session</p> <p>6:30-7:30 pm Zumba with Carole Town Gym \$70 per session</p> <p>7:00-8:00 pm Pilates with Sheila BMS Music Room \$35 per session</p>	<p>9:15-10:15 am Pilates with Sheila Town Gym \$17.50 per session</p> <p>6:30-7:30 pm Yoga with Sheila BMS Music Room \$35 per session</p>	<p>9:15-10:15 am Yoga with Sheila Town Gym \$35 per session</p> <p>6:00-7:00 pm Advanced Yoga with Sheila BMS Music Room \$35 per session</p> <p>6:30-7:30 pm Zumba with Carole Town Gym \$70 per session</p> <p>7:00-8:00 pm Pilates with Sheila BMS Music Room \$35 per session</p>	<p>9:15-10:15 am Seated Yoga with Emily Town Gym \$12 for intro session (Starts 12/2)</p>

Notes:
Please Pre-Register is appreciated

Please make checks out to:
Barrington Recreation Dept.

All Sessions are 7 weeks
Fall Session I - September 12— October 28
Fall Session II - October 31— December 23
Winter Session I - January 3—February 17
Winter Session II - March 5 - April 19
Spring Session I - April 30 - June 14

The Recreation Department & its programs will be closed on the following days:

October 10- Columbus Day
November 11 - Veterans Day
November 23-25 - Thanksgiving Break
December 26-January 2 - Holiday Break
January 16 - Martin Luther King Day
February 20 - Presidents Day
April 23-27 - Spring Break
May 28 - Memorial Day



Please keep in mind that class & times could change. Before dropping into a class, please call the Barrington Recreation Office to confirm date & time of class. The Barrington Recreation Department reserves the right to change date & time of all classes.